

# Masters CALENDAR

Meets/races are subject to change. Check directly with the meet to ensure correct dates and venues.

For calendar inclusion email meet information to National Masters News at [nminfo@nationalmastersnews.com](mailto:nminfo@nationalmastersnews.com) or [ascotti.nmn@gmail.com](mailto:ascotti.nmn@gmail.com)

## TRACK & FIELD

### INTERNATIONAL

**October 21** WMA Marathon Championships, Toronto Canada [www.toronotwaterfrontmarathon.com/register/](http://www.toronotwaterfrontmarathon.com/register/)

**March 24-30 2019** WMA Indoor Championships, Torun Poland

**July 18-21 2019** North and Central America and Caribbean Region of World Masters Athletics Championships (NCCWMA), Toronto, Canada. Info: [wmatoronto2020.com/nccwma-toronto-2019/](http://wmatoronto2020.com/nccwma-toronto-2019/)

**July 20 - August 1 2020** WMA Outdoor Championships (45th Anniversary of the first World Masters Championships) Toronto, Canada. Info: [wmatoronto2020.com](http://wmatoronto2020.com)

### NATIONAL

**January 26-27** USATF Masters Indoor Combined Event Championship. Carthage College, Kenosha, WI

**March 1-3 2019** USATF Masters Indoor Championships, Winston-Salem, NC

**June 14-25 2019 2019** National Senior Games, Albuquerque, NM <http://nsga.com/2019nsg>  
Qualify for the National Senior Games by competing in a senior games official state qualifying event in 2018. Visit [nsga.com/states](http://nsga.com/states).

**July 25-28 2019** USATF Masters Outdoor Track & Field Championships. Ames, IA

**August 3-4 2019** National Masters Throws Championships. Benedictine University, Lisle, IL

**March 13-15 2020** Masters Indoor Track & Field Championships. Louisiana State University, Baton Rouge, LA

**July 9-12 2020** USATF Masters Outdoor Track & Field Championships, North Carolina AT&T University, Greensboro NC

### EAST

Associations: [Maine](#), [New England](#), [Adirondack](#), [Connecticut](#), [Metropolitan](#), [Mid-Atlantic](#), [Three Rivers](#), [New Jersey](#), [Niagara](#), [Potomac Valley](#), [Long Island](#)

**September 1-2** 43rd Annual Potomac Valley Games, Alexandria, VA

### SOUTHEAST

Associations: [North Carolina](#), [South Carolina](#), [Georgia](#), [Florida](#), [Alabama](#), [Virginia](#), [Tennessee](#), [Louisiana](#), [Mississippi](#)

**January 2 2019** Southeast Region Indoor T&F Championships. JDL Fast Track, Winston-Salem NC

### MIDWEST

Associations: [Michigan](#), [Lake Erie](#), [Ohio](#), [Kentucky](#), [West Virginia](#), [Illinois](#), [Indiana](#), [Wisconsin](#)

### MIDAMERICA

Associations: [Ozark](#), [Missouri Valley](#), [Nebraska](#), [Minnesota](#), [Iowa](#), [Dakota](#), [Colorado](#), [Kansas](#)

**September 14-23** Kansas Senior Games, Topeka KS Contact: Hannah Deters 785-235-2295 [www.sunflowergames.com](http://www.sunflowergames.com) [ksg@sunflowergames.com](mailto:ksg@sunflowergames.com)

**September 29-30** Mid America Region Masters Championship & Rocky Mountain Masters Games, Ft. Collins, CO Contacts: Jim Weed [rockymtnmastersgames@msn.com](mailto:rockymtnmastersgames@msn.com) (303) 520-3088, Jerry&Christel Donley (719) 635-1264 [christeldonley@gmail.com](mailto:christeldonley@gmail.com), Throws & Implements Contact: Tim Edwards, 303 724-0606 [tedwa851@gmail.com](mailto:tedwa851@gmail.com)

**September 29** Wichita Masters/Open Track & Field meet, USATF Missouri Valley Assoc. Masters Championships. see: <https://www.directathletics.com> Contact Larry Staton 316-214-4655 Email: [STCsprinter@gmail.com](mailto:STCsprinter@gmail.com)

**April 17-20 2019** Kansas Relays masters 800m and mile races. If interested, contact Pat Melgares: [melgares@LetsGoRun.com](mailto:melgares@LetsGoRun.com) 785-313-2743

### SOUTHWEST

Associations: [Southern](#), [Border](#), [Gulf](#), [Southwestern](#), [South Texas](#), [Arkansas](#), [Oklahoma](#), [West Texas](#)

**December 8-9** Florida Senior Games Meet, info: <http://floridasports.wpengine.com/daily-schedules/> Contact: 1-866-354-2637  
Registration begins Sept. 15

### WEST

Associations: [Arizona](#), [Pacific](#), [Central California](#), [Southern California](#), [San Diego-Imperial](#), [Nevada](#), [Hawaii](#), [New Mexico](#)

**October 12-14** Nevada Senior Games, Las Vegas NV UNLV track <https://nevada.fusesport.com/page/Sport-Information-x-6700-43-14554.html> Contact: Martha Watson 702-290-5390, [doggiebreath@cox.net](mailto:doggiebreath@cox.net)

**October 21** Sri Chinmoy Self-Transcendence Masters Meet, Glendale High School, Los Angeles, CA. Includes Relays. <https://us.srichinmoyraces.org/masters>

**November 18** Encore Games. Colleg of San Mateo, 1700 West Hillside Ave, San Mateo CA. Registration deadline Nov. 12 [www.encoregames.org](http://www.encoregames.org)

### NORTHWEST

Associations: [Montana](#), [Wyoming](#), [Snake River](#), [Inland Northwest](#), [Oregon](#), [Utah](#), [Pacific Northwest](#), [Alaska](#)

**October 8-10**

**Huntsman World Senior Games**  
(Multiple sports). St. George, UT,  
[www.seniorgames.net](http://www.seniorgames.net)

## LONG DISTANCE RUNNING

### CHAMPIONSHIPS

Find USATF race info at: [usatf.org/Events---Calendar/National-Championships.aspx](http://usatf.org/Events---Calendar/National-Championships.aspx)

**September 23** Masters 5k Cross Country Championships, Buffalo, NY

**October 21** WMA Marathon Championships, Toronto Canada [www.toronotwaterfrontmarathon.com/register/](http://www.toronotwaterfrontmarathon.com/register/)

### RACEWALK

Find USATF race info at: [usatf.org/Events---Calendar/National-Championships.aspx](http://usatf.org/Events---Calendar/National-Championships.aspx)

**September 23** Athletics Ontario 20km Champs, Site TBD.

**September 30** USATF Masters 40km Race Walk Champs, Owego, NY. Also 5k, 10k, 20k, 30k, 50k.  
Contact Dave Talcott 607-354-6073. [dwtalcott@gmail.com](mailto:dwtalcott@gmail.com)

**October 28** USATF Masters 1-Hour Championships, Furman University, Greenville, SC. Contact  
Susan Heiser-Whatley [heisersusan@yahoo.com](mailto:heisersusan@yahoo.com)

**October 21** USATF Open and Masters 30k Race Walk Championships, Hauppauge, NY

**November 11** Seacoast ½ Marathon Competitive Walk Division, Portsmouth, NH. Contact  
[www.seacoasthalf.com](http://www.seacoasthalf.com)

**December 29** USATF Masters Indoor 5000m Race Walk Championships, RIT, Rochester, NY.  
Contact Dave Talcott 607-354-6073. [dwtalcott@gmail.com](mailto:dwtalcott@gmail.com)

**December 30** Shore AC Polar Bear 10-Mile Walk, Asbury Park boardwalk, NJ. Contact Elliott  
Denman at [Elliottden@aol.com](mailto:Elliottden@aol.com)