

National Masters News All American Spotlight Interview

If you or someone you know would like to be featured in National Masters News, please complete and email this initial interview form. You will be contacted with follow-up questions prior to publication. Please thoroughly read the instructions.

This is a “cut and paste” feature. Every effort will be made to publish your response as is, but the content is subject to editing prior to being published in National Masters News. Please be as verbose as possible (we can always cut an article down for sizing) but if you do not provide at least 700 words (not counting the interview questions), your story will not be long enough for publishing. You do not have to follow this guideline if you would prefer not to. You can tell your story in any format you desire.... This is *your* opportunity to tell *your* story *your* way, enjoy!

Thank you for your cooperation.

If you have any questions or comments, please contact Amanda Scotti at 916-605-8093 or use the Contact Us page at www.nationalmastersnews.com

Important

We require 2-3 clear photographs (300 dpi or better) as well as pertinent photo information: who took the picture, where/when was it taken, names of others (if any) in the photo (if known).

Please list your full name and the age bracket in which you compete, as well as where you live and brief family and/or background information.

Please list your All American events including times/distances/dates

How long have you been competing as a Masters athlete?
And prior to becoming a Masters athlete?

What are your favorite and least events and why?

Who or what motivates you to train?

Do you train with anyone? (A good point at which to mention teammates, coaches or mentors)

What is your favorite or preferred training session?

Thinking about your All American achievements, please provide a brief summary of the event(s).

What are your next goals?

How has being an All American masters athlete helped you in other areas of your life?

If there is something else you would like to add, please do. For example, a favorite quote or words of wisdom, family or career information, credit you would like to give to teammates, coaches, etc.

Thank you for taking the time to answer these questions!